

# Revelations

Fall 2019 Newsletter

 **Catholic Cemeteries**  
Diocese of Buffalo  
*Put your faith in us.*

## McLaughlin House

Carmen Colao, Director of Cemeteries

The Most Reverend Bernard J. McLaughlin passed away on January 5, 2015 at 102 years young! Almost immediately Catholic Cemetery staff began looking for ways to properly recognize the Bishop for his many years of dedicated service to the Church, and in particular, Catholic Cemeteries.



*McLaughlin House will serve as the focal point for many of our bereavement programs.*

Bishop McLaughlin was ordained to the priesthood in Vatican City on December 21, 1935 and celebrated 75 years as a priest in 2010. He served as Pastor to several parishes and in various Diocesan offices. On January 6, 1969, Pope Paul VI ordained then Monsignor McLaughlin a Bishop at the Vatican, making him the first priest of the Diocese of Buffalo to be ordained a Bishop by the Holy Father.

On January 15, 1988, Pope John Paul II accepted his letter of resignation to retire from active

ministry. He then moved into the residence at 204 Knoche Road on the grounds of Mount Olivet Cemetery.

Far from inactive, it was here that Bishop McLaughlin became very involved in the ministry of Catholic Cemeteries over the next fifteen years. He celebrated nearly all of our monthly Memorial Masses honoring those individuals who are buried in our sacred grounds at Mount Olivet Cemetery. He also presided over our annual Christmas, Memorial Day and All Souls Day Masses. He had a great spiritual impact on many of the families who attended these masses.

Continuing his legacy of service to those in need, the residence at 204 Knoche Road will soon be named McLaughlin House. Renovations to the residence are already underway and are scheduled to be completed later this fall followed by a dedication.

McLaughlin House will serve as the focal point for many of our bereavement programs. It will also serve as a gathering place for families having a Committal Service for the final placement of the cremated remains of their deceased family members.

It is fitting that the residence be named in Bishop McLaughlin's honor. He truly lived the words of St. Theresa of Calcutta:

***“Let us touch the dying, the poor, the lonely and the unwanted according to the graces we have received and let us not be ashamed or slow to do the humble work.”***

*“McLaughlin House will serve as the focal point for many of our bereavement programs.”*

**Mount Olivet**  
4000 Elmwood Ave., Kenmore  
716.873.6500

**Holy Cross**  
2900 South Park Ave., Lackawanna  
716.823.1197

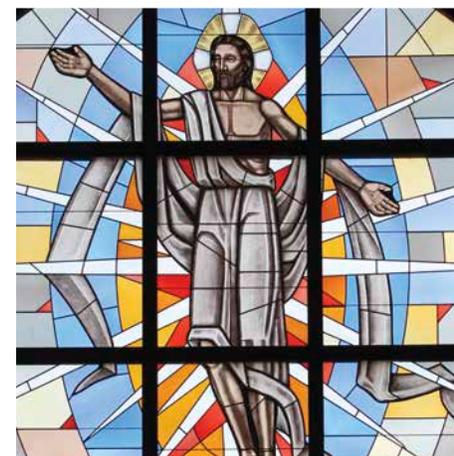
**Holy Sepulchre**  
3063 Harlem Rd., Cheektowaga  
716.892.3063

**Gate of Heaven**  
500 Riverdale Ave., Lewiston  
716.282.5084

**Assumption**  
Whitehaven Rd., Grand Island  
716.873.6500

**Queen of Heaven**  
6843 Tonawanda Creek Rd., Lockport  
716.433.0941

Representing  
**St. Adalbert**  
6200 Broadway St., Lancaster  
716.681.3090



**Website**  
[buffalocatholiccemeteries.org](http://buffalocatholiccemeteries.org)

**Email**  
[cathcemsbflo@buffalodiocese.org](mailto:cathcemsbflo@buffalodiocese.org)

**Facebook**  
[facebook.com/catholiccemeteriesbuffalo](https://facebook.com/catholiccemeteriesbuffalo)

# Grief Support Is More Than Just Support!

By Marianne Hubert, Director of Grief Support Services

Grief Support groups offer companionship and friendship. Those who have lost a loved one know how lonely life can be, especially if your loss is one of a spouse, close friend or family member that you spent a great deal of time with.

*“Grief support means forming friendships and companionships. It’s enjoying dinner out, engaging in conversation, watching a movie together and walking the grief journey together.”*

Grief Support groups offer understanding of participants to those who have had a similar loss and are facing the challenges that come with the grief that each is experiencing. Those who are experiencing grief and participate in a support group experience emotional, non-judgmental

support from those who are also on the grief journey. They understand the loneliness, financial fears, and the “what next” feelings! They many times have helpful ideas or healing resources from their own loss experience.

At a recent grief support meeting, several participants noted their inability to get a restful night sleep or start the day in a “happy” mood. One of the participants offered to bring in a mini seven minute meditation he uses for relaxing at night to be demonstrated at the next grief support gathering. At the

end of the meeting, some present enjoyed the experience and recorded the information source. The group then proceed to take a head count for a “Dutch treat” dinner and carpooled to the restaurant from the Grief Support meeting location where they enjoyed conversation, friendship and a delicious dinner of their choosing.

These new friendships offer opportunities to share a healing story of a loved one. Participants walk with each other and offer coping suggestions for day- to- day living. They help each other get through their first holidays and experiences and special events such as birthdays and anniversaries without their loved one while discovering new ways of living a happy life while keeping a loved one alive in their heart and memories.

At Catholic Cemeteries, grief support is more than just support. Grief support means forming friendships and companionships. It’s enjoying dinner out, engaging in conversation, watching a movie together and walking the grief journey together.

Over the years, several people who have attended grief support meetings through the Catholic Cemeteries grief support program have formed friendships. They talk to each other on the phone, email each other, comfort each other during difficult times of holidays, anniversaries and birthdays of their deceased loved ones. They may join each other for

*Continued on next page*



## Through the Lens

*Clockwise from left:*

Deacon Ken Monaco presents a flower to a participant at the Music and Memories Service; A Family gathers for a picture after the Music and Memory Service; Grief Support participants enjoyed a catered dinner and an evening of laughs, companionship and friendship. Grief Support participant enjoys a shoulder massage from a licensed massage therapist at a Massage Therapy and Grief presentation at Mount Olivet Cemetery; Grief Support Participants enjoyed popcorn and a movie night!

quiet walks throughout the cemetery grounds. They can be seen walking together through the cemetery as the seasons change or enjoying dinner out together, attending special events together, carpooling for field trips to museums, historical buildings, sightseeing activities, various types of tours and much more.

Grief support participants come together and embrace with compassion and emotional support for those who have just lost a love one and are attending a support meeting for the first time and starting on their own grief journey.



*Grief support participants enjoy a dinner out at a local restaurant.*

Catholic Cemeteries focus on the living. You don't have to grieve alone. So, in addition to special remembrance services and masses, techniques and strategies to help one cope and lectures on topics such as sleep, dreams, health, cooking, coping skills, anxiety and grief, finance, and many more that are beneficial to one's emotional health, there are support bonds that form. Some of these bonds develop into new, lifelong relationships.

**Catholic Cemeteries offers a comprehensive grief support program. To learn more about these programs or to request an informational packet, call Marianne at 716-873-6500.**

## Catholic Cemeteries Mass Schedule

Date	Mass	Time	Location
Saturday, Oct. 26, 2019	All Souls Mass	10:00 AM	<b>Mount Olivet</b> Resurrection Chapel Mausoleum <b>Holy Cross</b> Holy Trinity Chapel Mausoleum <b>Holy Sepulchre</b> St. Francis of Assisi Chapel Mausoleum
Saturday, Nov. 30, 2019	Monthly Mass	9:00 AM	<b>Mount Olivet</b> Ascension Chapel Mausoleum <b>Holy Cross</b> Holy Trinity Chapel Mausoleum
Thursday, Dec. 26, 2019	Christmas Mass	5:30 PM	<b>Mount Olivet</b> Resurrection Chapel Mausoleum <b>Holy Cross</b> Holy Cross Chapel Mausoleum <b>Gate of Heaven</b> Holy Angels Chapel Mausoleum <b>Holy Sepulchre</b> St. Francis of Assisi Chapel Mausoleum
Saturday, Jan. 25, 2020	Monthly Mass	9:00 AM	<b>Mount Olivet</b> Ascension Chapel Mausoleum <b>Holy Cross</b> Holy Trinity Chapel Mausoleum
Saturday, Feb. 29, 2020	Monthly Mass	9:00 AM	<b>Mount Olivet</b> Ascension Chapel Mausoleum <b>Holy Cross</b> Holy Trinity Chapel Mausoleum



## Turning the Page

Peter Nicosia has worked his entire career in Cemetery Ministry. He worked 25 years for Catholic Cemeteries, as Superintendent of Gate of Heaven Cemetery in Lewiston. In this capacity he was also responsible for the care of Cemeteries at Queen of Heaven in Lockport, St. Mary/Sacred Heart in Niagara Falls, Holy Trinity in Lewiston, St. Bernard in Youngstown, St. Mary in Lockport and Stella Niagara Cemetery for the Sisters of St. Francis.

Peter has always been a caring and dedicated worker. He understands the Mission of Catholic Cemeteries to bury the dead and comfort the grieving. He is a very kind man who sincerely cares about the families he has served over the years. In fact, Peter has developed lasting friendships with many of those families. It is not uncommon for many of them to stop

by the Cemetery and bring food and goodies as a way of thanking him for his kindness and concern for the reverent care of their loved ones who have gone before them.

We wish Peter a long and happy, healthy retirement. His growing family of grandchildren and great grandchildren will undoubtedly play a major role in ensuring his retirement will be just that!

God Bless you Peter!

You will be missed.

## “Fur”ever in My Heart Pet Remembrance Service

By Marianne Hubert, Director of Grief Support Services

As part of our grief support programs, we recognize the pain that accompanies the loss of a beloved pet and the need to have this heartache recognized. Through music, poems and stories we will celebrate the unconditional love they gave us.

### Mount Olivet Cemetery, Resurrection Chapel Mausoleum

Saturday, October 19 at 10:00 a.m.

Reservations received by October 4 will have your pet’s name included in our program and read at the Service (limit of 3 names). **Family Service Counselors will be available to discuss newly approved options for the burial of a beloved pet with their loved one.**

All people are welcome to join us, but please leave current pets at home. For more information or to make a reservation, call 873-6500.



*Kelly Strade of Joyful Rescue holding rescue dog, Poppi discusses pet rescue options to a participant at the Pet Remembrance Service at Mount Olivet Cemetery.*

## It’s Time to Plan

Life’s most important moments are usually planned in advance. You spend hours planning your wedding, educating your children and planning for retirement. It’s important to give the same critical thought to your burial arrangements. By making these decisions now, rather than at the time of need, you ease the burden on your loved ones during what will be an emotional and stressful time. In fact, there has never been a better time to plan your Catholic Burial with more options than ever before.

**Inquire about the advantages of pre-planning your burial arrangements with Catholic Cemeteries. Call 873-5680 today.**



# Cemetery Blueprints

By Chip Mussen



## Visit Our Lady of the Rosary Cremation Garden at Mt. Olivet Cemetery

Construction began with the pouring of foundations on the first phase of Our Lady of the Rosary Cremation Garden last fall. We then installed the first three columbaria in this long term project. The three units include a beautiful central columbarium that is surrounded by two "L" shaped columbaria. Eventually we will install two more of the "L" shaped columbaria to create a square with the main columbarium in the center. The central columbarium features 96 niches and each of the "L" shaped columbaria features 112 niches. Each niche can accommodate up to two sets of cremated remains. This spring a walkway was installed leading to the columbaria,

all in a tranquil garden-like setting. This garden is situated on the north side of Ascension Mausoleum where the stunning stained glass window in the chapel featuring the Ascension of Christ serves as a backdrop. Other phases will include cremation graves, additional columbaria, family columbaria and benches, as well as Memorial Trees.

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## St. Teresa of Calcutta Mausoleum Completed

St. Teresa of Calcutta Garden Mausoleum was recently completed at St. Adalbert's Cemetery. A dedication is planned for later this fall. A beautiful mosaic, one of the most captivating pieces of art in St. Adalbert's, was installed on the west side of the mausoleum. You will see that this building is different from the other mausoleums at St. Adalbert's with a higher profile than the other buildings. It is covered by a peaked roof that is supported by four corner pillars. This new roof design not only welcomes visitors with a "Church like feel" it also offers protection from the elements. It honors St. Teresa of Calcutta and is dedicated to her lifelong commitment to the poor and underprivileged.

There are crypt spaces available right behind the mosaic. In all, there are 348 casket spaces and 240 niches for the placement of cremated remains. Each crypt and niche front will be adorned with a beautiful Capao Bonito Brazilian Red granite panel.



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## More Cremation Options Planned

Over the next 12 months, Catholic Cemeteries will be adding cremation options to several of our cemeteries. These will include new Glass Front niches in the Chapel at St. Adalbert Cemetery in Lancaster, new cremation graves at Holy Cross Cemetery in Lackawanna in front of the wall in the Father Baker Cremation Garden, and Glass Front niches in Resurrection Mausoleum at Mt. Olivet Cemetery in Kenmore. Future projects will include more niches at Holy Family Chapel Mausoleum at Mt. Olivet and a columbarium at Holy Sepulchre Cemetery in Cheektowaga.

Call 873-6500 for details on these exciting new projects.



## Let's Go Paperless

Paperless Newsletters are a great way to stay organized while helping the environment. Instead of receiving a copy of Revelations in the mail, we will email your copy, along with updates and events, starting with the next issue. You can also read it on our website.

Send an email to [Revelations@buffalodiocese.org](mailto:Revelations@buffalodiocese.org) with your street address and we'll take you off our mailing list and put you on our email list.

## Fall Cleanup

As the cold weather approaches, we need to prepare the grounds for winter. We ask that any decorations you wish to keep be removed from all graves by October 15, 2019. The two-week period between October 16th and 31st will be used to prepare for the winter season.

If you wish to place a winter decoration, you may do so on or after November 1st. If you are interested in purchasing one of our wreaths for winter placement, please call Catholic Cemeteries after November 1st at 873-6500.



## Friends of the Cemetery

Catholic Cemeteries is continuing its successful, "Friends of the Cemetery" donation program. With several options to choose from, the donation program is designed to allow families and friends to honor a loved one as well as contribute to the continued beautification of the cemetery. For more information, call 873-6500.

## Referral Program

For those who have made arrangements in our Catholic Cemeteries, a referral program has been adopted whereby you can receive a thank you gift for each family member who makes a selection in any of our Cemeteries. It is important to discuss your purchase with family members who may also be interested in selecting burial space near yours. Call 873-6500 for more information.



### Inquire about the advantages of pre-planning.

**Call 873-6500 today.**  
We welcome your comments.

Email us at:  
[cathcems@buffalodiocese.org](mailto:cathcems@buffalodiocese.org)

Visit our website at:  
[www.buffalocatholiccemeteries.org](http://www.buffalocatholiccemeteries.org)

# Comfort for Those Who Mourn

## Bereavement Lecture Series *Open to the community, free of charge*



Carmen Colao,  
Director of  
Catholic Cemeteries

### **Catholic Cemeteries: Truly a Ministry**

Tuesday, Sept. 17, 7:00p.m., Mt. Olivet Cemetery.  
Presenter, Carmen Colao, Director of Catholic Cemeteries.

Carmen Colao will reflect on his twenty-nine years as Director of Catholic Cemeteries and the important role that cemeteries play in the caring for the bereaved.

### **Diet, Nutrition & Grief**

Monday, Oct. 21, 4:00pm at St. Aloysius Gonzaga Church.  
Presenter, Erin Brudz, Clinical Nutritionist Manager and Registered Dietitian at Sisters Hospital.

Grief can affect our eating habits and a healthy diet. One may suffer from a lack of appetite or ignore valuable nutrition. A registered dietitian/nutritionist from the Catholic Health System will focus on nourishing the body and address how certain food can be helpful for the body when one is experiencing grief.

## Handling the Holidays

The holiday season is not always greeted with happy anticipation. Grief may make it difficult to carry on as usual. Practical tips and strategies will be discussed for handling the holidays, to help you find your way through the season.

### **Monday, Nov. 4, 4:00pm at St. Aloysius Gonzaga Church**

Presenter, Beth Lenegan, Ph.D is the Director of Pastoral Care at Roswell Park Cancer Institute. Dr. Lenegan has more than 35 years of pastoral care experience and serves on the board of the National Association of Catholic Chaplains.

### **Tuesday, Nov. 19, 7:00pm at Mt. Olivet Cemetery**

Presenter, Cindy Tichenor, has served for over twenty years as a facilitator of her parish Bereavement Support Group.

*Please check our website calendar for future "Lecture Series" as well as our grief services schedule throughout the year.*



## Candlelight Remembrance Service

Sunday, December 8 at 2:00pm

Your Choice of two locations:

**Mount Olivet Cemetery**  
Resurrection Chapel Mausoleum

**Holy Cross Cemetery**  
Holy Cross Chapel Mausoleum

The holiday season is filled with memories of times spent with those we love. When they are no longer with us, those memories become a precious gift. This spiritually uplifting service is filled with music, scripture, prayers and healing words from the chaplains at the Pastoral Care Department at Hospice Buffalo. Join us as we bring light to the Christmas season. Bring an ornament in memory of your loved one or take one that is provided to hang on the tree.

*Reserve your spot by calling Mount Olivet at 873-6500 or Holy Cross at 823-1197.*



**Catholic  
Cemeteries**

Diocese of Buffalo

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Kenmore, New York 14217

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# Family is forever.

Planning your burial arrangements with Catholic Cemeteries ensures your family will remain together — forever.

## Open House

Saturdays, 9am–2pm  
**Mount Olivet Cemetery**  
Kenmore, Oct. 19

**Holy Cross Cemetery**  
Lackawanna, Oct. 26

**St. Adalbert Cemetery**  
Lancaster, Nov. 9

*0% interest financing through 2024.  
Special discounts only available  
at the open house.  
Prior sales excluded.*

Receive a \$50 gift card when you pre-plan your burial arrangements from October 1 – November 30.